

Student Name	Session day/time	<p>Teams links + Student bio</p> <p>Coaching Skills Sessions Run Weekly from March 10- April 13, 2025</p> <p>Please note all sessions are held in Teams and all times are in Atlantic Standard Time</p>
Kira Kurka	Mondays @1pm AST	<p>https://teams.microsoft.com/U/meetup-join/19%3a1612eb78f91a402fabb42cbe2683a09b%40thread.tacv2/1741045884710?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2269f878d4-e849-43b3-8d21-87a1272c72e7%22%7d</p> <p>DCP student bio</p> <p>My name is Kira, and I am a therapist with extensive training in various therapeutic modalities, with a strong foundation in Cognitive Behavioural Therapy (CBT). I work with youth and adults, specializing in anxiety, depression, and borderline personality disorder (BPD), using a client-centred, trauma-informed approach. As the co-founder and Clinical Director of a social service agency, I oversee a wide range of programs that support individuals of all ages. My role allows me to ensure that our services are effective, compassionate, and tailored to the unique needs of each client. When I am not working, you will find me at the hockey rink, cheering on my two sons as they play competitive hockey.</p>
Miranda Elise Klimowski	Mondays @ 4pm AST	<p>https://teams.microsoft.com/U/meetup-join/19%3a133161b4bf23467cb183b7848f76b3d7%40thread.tacv2/1741039576203?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2269f878d4-e849-43b3-8d21-87a1272c72e7%22%7d</p> <p>DCP student bio</p> <p>Hi everyone,</p> <p>My name is Miranda Elise Klimowski and I am a Registered Psychotherapist with the College of Registered Psychotherapists of Ontario (CRPO), and also a member of the Canadian Counselling and Psychotherapy Association (CCPA). I have a Master of Arts Degree in Counselling Psychology, and am currently enrolled in the Doctorate of Counselling and Psychotherapy program through Yorkville University.</p> <p>With a diverse background in treating anxiety, depression, self-esteem concerns, life stressors, and specializing in substance use, childhood trauma, and relationship issues, I offer a range of modalities tailored to meet individuals where they are.</p> <p>In my practice, I emphasize Compassion-Focused Therapy (CFT), Internal Family Systems (IFS), and Emotion-Focused Therapy (EFT) to guide you in understanding and moving through your emotions, particularly during difficult times. My focus is on the present moment and how we can take ownership of our thoughts and feelings in the here and now.</p> <p>By learning to recognize and embrace our current experiences, we can build resilience and respond more consciously to life's challenges. As a therapist, I deeply value my own personal growth, practicing daily mindfulness and compassion-focused meditations. These practices allow me to do my inner work, gaining insight into my own thoughts and feelings, so I can better support you in doing the same.</p>

Alan Largo	Mondays @ 7:15pm AST	https://teams.microsoft.com/L/meetup-join/19%3a09636b7f8ee44c9ea03eef7d1a121308%40thread.tacv2/1741039943863?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2269f878d4-e849-43b3-8d21-87a1272c72e7%22%7d DCP student bio Greetings, fellow learners, I'm Alan. So far, the letters I've collected after my name are that I am a Registered Nurse Psychotherapist (RN) with a Master of Science in Nursing (MSN) and hold a Canadian Psychiatric and Mental Health Nurse certification (CPMHNC). I am also a certified Cognitive Behavioral Therapist through the Academy of Cognitive and Behavioural Therapies. With over 15 years in mental health nursing and 10 years in psychotherapy, my combined expertise informs my comprehensive approach to client care and supervision. I primarily work from a Cognitive Behavioural Therapy (CBT) framework, integrating other evidence-based approaches, including Dialectical Behavior Therapy (DBT), Solution Focused Therapy (SFT), Compassion Focused Therapy (CFT), and Mindfulness-Based Interventions. I see clients in private practice and also in the public sector at an acute care hospital's mental health department in Toronto. I address a range of mental health challenges, including mood, anxiety, obsessive-compulsive, personality, trauma-related, stressor-related, and psychotic disorders. I provide a warm, supportive, inclusive, and anti-oppressive therapeutic environment because everyone deserves a safe space.
Shuting Liu	Tuesdays @ 8-9am AST	https://teams.microsoft.com/L/meetup-join/19%3a4122403eba6c4e379eb6b04778dd5f87%40thread.tacv2/1741041106344?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2269f878d4-e849-43b3-8d21-87a1272c72e7%22%7d DCP student bio I am Shuting Liu, a Canadian-licensed counsellor and a Chinese-registered psychologist with 8 years of clinical practice experience. I completed my Master's degree in Psychology in California, USA, and then worked in China, where I spent 6 years teaching undergraduate students at a university while also focusing on individual clinical counselling work. My main clients were students from local international schools and patients from international hospitals. After graduation, I chose to register in Canada and decided to pursue my Ph.D. in Psychology again in 2023. My theoretical orientation is humanistic integrative therapy, and the groups I serve include multicultural families, couples, and individuals, with about half of my clients being Chinese people of different age stages. I am committed to continuously improving my professional skills to help my clients deal with the various challenges they face and promote their personal growth and mental well-being.
Kaya Davis	Tuesdays @ 5:30pm AST	https://teams.microsoft.com/L/meetup-join/19%3aaa47c754840041468b525d9093e4f8b7%40thread.tacv2/1741043418782?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2269f878d4-e849-43b3-8d21-87a1272c72e7%22%7d DCP student bio Kaya Davis holds a Bachelor of Arts in Psychology, a Bachelor of Social Work, and a Master of Social Work. She is currently pursuing a Doctorate in Counselling and Psychotherapy to further expand her knowledge in the field. She is the co-owner of a group practice

		<p>in Montreal, which focuses on offering culturally responsive and timely care. In addition, she works for a telehealth Employee Assistance Program (EAP) company as a Therapy Team Lead, overseeing clinical services and supporting fellow therapists. Her therapeutic approach is integrative, combining Cognitive Behavioral Therapy (CBT) and Polyvagal Theory to offer a holistic and client-centered framework. She also incorporates EMDR, mindfulness-based techniques, and somatic-informed practices to support healing and personal growth. With experience working with adolescents, adults, and families, her recent practice has focused predominantly on adults (18+). In addition to clinical practice, she provides supervision in various mental health competency areas, including addiction counselling, anxiety management, emotion regulation, trauma recovery, and life transitions. With nine years of experience as a team leader, she regularly offers clinical consultations to support skill development, navigate ethical challenges, and ensure high standards of client care. She is a registered member of both the Ontario College of Social Workers and Social Service Workers (OCSWSSW) and the Ordre des travailleurs sociaux et des thérapeutes conjugaux et familiaux du Québec (OTSTCFQ).</p>
Maral Azimi	Tuesdays @ 6pm AST	<p>https://teams.microsoft.com/L/meetup-join/19%3a12069ddb21654a8dbf51f548f5d24a41%40thread.tacv2/1741098625684?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2269f878d4-e849-43b3-8d21-87a1272c72e7%22%7d</p> <p>DCP Student Bio</p> <p>Hello, I'm a registered social worker and psychotherapist with eight years of experience in hospital and clinical settings. My work focuses on chronic illness, trauma, and relationships, helping individuals and families navigate the emotional complexities of health and connection. I integrate CBT, ACT, and somatic approaches, taking a holistic, client-centered perspective that blends neuroscience, psychology, and spirituality. I work with individuals facing chronic health conditions, relational struggles, and major life transitions, creating a space for self-exploration and growth. While I don't work directly with veterans, I'm deeply intrigued by the potential of psychedelic-assisted therapy in trauma recovery and am actively immersing myself in the latest research on its applications. In both therapy and supervision, I encourage curiosity, critical thinking, and self-reflection. My hope for this course is to be in a collaborative and engaging space where I can bridge theory with real-world practice.</p>
Melissa Baker	Tuesdays @ 7pm AST	<p>https://teams.microsoft.com/L/meetup-join/19%3a46891139224d4355a95d8fcf58592d8b%40thread.tacv2/1741043705262?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2269f878d4-e849-43b3-8d21-87a1272c72e7%22%7d</p> <p>DCP student bio</p> <p>Hello, My name is Melissa and I work as a registered counselling therapist in rural Nova Scotia. I am currently employed with both the health authority and in private practice.</p> <p>I classify myself as being an Integrative clinician, with a substantive cognitive background. I have extensive training in Cognitive Behaviour Therapy, Family Based Therapy (for eating disorders), Dialectic Behaviour Skills, Trauma Focused CBT, and acceptance and commitment therapy (ACT). I currently work across the lifespan and am comfortable working with grief, trauma, depression, anxiety, ADHD, complex/persistent pain, and eating disorders.</p>

		Outside of my work/school endeavors, I am a mum of two, and fur mum to four cats, 1 dog, and a horse. I am a nature enthusiast and enjoy every minute I can being outside. I am an easy-going gal who strongly believes in supporting people by meeting them where they are at.
Trinity Jean Mainville	Tuesdays @ 7:30PM AST	https://teams.microsoft.com/U/meetup-join/19%3a9ccfe3859a504d52a02e0c01e731d396%40thread.tacv2/1741043998092?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2269f878d4-e849-43b3-8d21-87a1272c72e7%22%7d DCP Student Bio My name is Trinity Jean Mainville. Please feel free to call me Trinity or TJ. I'm thrilled to be running this skills group and looking forward to connecting with the MACP students and building a learning community. I graduated from the MACP program myself in 2022. I identify as a Canadian disabled woman. I live in rural Ontario just north of the GTA. Clinically, I have been working as a Substance Use counsellor for four years. I work as part of a small team in our rural office, where we offer counselling and mental health support, medical addiction services, case management and peer support. I have several passion projects within the agency, including connecting with a local shelter where we provide integrated services and deliver a fast track to services for those living unhoused. In my practice with clients, I utilize an eclectic approach that leans heavily on Rogerian, Narrative therapy and DBT Skills.
Kayla Trahey	Wednesdays @10:30am AST	https://teams.microsoft.com/U/meetup-join/19%3a3a80cdf92ebb42ec880d3d8891e91fea%40thread.tacv2/1741044274840?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2269f878d4-e849-43b3-8d21-87a1272c72e7%22%7d DCP Student Bio I have completed an undergraduate degree in Psychology with Honours and a Master's Degree in Counselling Psychology from Memorial University of Newfoundland. I have achieved certification as a Canadian Counsellor through the Canadian Counselling and Psychotherapy Association and am a member of the Academy of Naturopaths and Naturotherapists (ANN) as well as the Canadian Association of Child and Play Therapy (CAPT) as a Certified Play Therapist. I currently work in private practice in St. John's Newfoundland. My professional background focuses on child development. Prior to my current role in private practice, I provided early intervention services within the healthcare system for children with various developmental disorders. Now, as a certified play therapist, I integrate play and a trauma-informed approach to work with children, adolescents, and their families to address a range of mental health issues.
Sinhuja Rajkumar	Wednesdays @ 2pm AST	https://teams.microsoft.com/U/meetup-join/19%3ab6f677b10de749aeaac463922d61d35e%40thread.tacv2/1741044584917?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2269f878d4-e849-43b3-8d21-87a1272c72e7%22%7d

		<p>DCP Student Bio</p> <p>Hi everyone, my name is Sinthuja Rajkumar, and I am a Registered Psychotherapist with the College of Registered Psychotherapists of Ontario (CRPO # 10843) and a member of the Canadian Counselling and Psychotherapy Association (CCPA). I hold a Master of Arts degree in Counselling Psychology and am currently pursuing my Doctorate in Counselling and Psychotherapy. I am equipped to provide supervision across several mental health competency areas, including trauma-informed therapy, individual therapy for youth and adults, and culturally sensitive practices. Over the past four years, I have successfully operated a private practice, delivering individual therapy to diverse populations in the Greater Toronto Area (GTA). My experience encompasses providing psychotherapy to individuals aged 16 and older throughout Canada, specializing in challenges such as trauma, anxiety, depression, relationship issues, women's health concerns, anger management, and domestic violence.</p> <p>With a humanistic theoretical orientation at the core of my practice, I value each individual's unique experiences while acknowledging cultural influences and societal power dynamics. My client-centred approach is integrative, tailoring interventions to meet the specific needs of each client. By incorporating humanistic principles, I offer comprehensive support that promotes healing and growth while honouring each client's distinct journey.</p>
Alison Brooke Thomas	Wednesdays @ 3 pm AST	<p>https://teams.microsoft.com/L/meetup-join/19%3a9fd59dcb32404810b19f6fa54fef77b5%40thread.tacv2/1741044766361?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2269f878d4-e849-43b3-8d21-87a1272c72e7%22%7d</p> <p>DCP Student Bio</p> <p>Hi everyone, I am Ali, and I'm the Clinical Lead and Owner of Blue Sky Therapy (BST) located in Peterborough, Ontario where I've been practicing for the past 26 years. I'm a Registered Psychotherapist (RP), Art Therapist (AT) and Occupational Therapist (OT), in the province of Ontario. I am also currently working towards my Doctorate in Counselling and Psychotherapy, researching the impact of loneliness and social connection at Yorkville. I am registered as a supervisor with COTO and CRPO and I am in the process of registering with the Canadian Counselling and Psychotherapy Association (CCPA). My approach blends Expressive Art Therapy, Occupational Therapy, and Counselling Psychology to support children, teens, and adults on their journey to wholeness.</p>
Brandon McElhaney	Wednesdays @ 7pm AST	<p>https://teams.microsoft.com/L/meetup-join/19%3a84997e14914c4f359c219d4518fd6940%40thread.tacv2/1741045002267?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2269f878d4-e849-43b3-8d21-87a1272c72e7%22%7d</p> <p>DCP Student Bio</p> <p>Brandon McElhaney is currently progressing in his education and training to obtain his Doctor of Counselling Psychotherapy from Yorkville University. He already obtained his Master of Arts in Counselling from Geneva College in 2010 as well as his Bachelor of Arts in Counselling Psychology, Ministerial Bible, and Youth & Family Ministry from the Kentucky Christian University in 2006. He has been a member in good standing with the National Board of Certified Counsellors (NCC #266094) since 2010. He is also a registered psychotherapist and in good standing with both the Canadian Counselling and Psychotherapy Association (CCPA) (CCC #12578) and the College of Registered Psychotherapists of Ontario (CRPO) since 2015. Brandon has obtained 15 years of experience in the field of counselling within a variety of settings that include addiction treatment centres, drug court programs,</p>

		<p>government mental health settings, foster agency, and school settings. Since 2015 Brandon also runs a private practice. In addition to his professional experience, he has been walking alongside individuals, couples, and families for more than 20 years. Brandon is currently receiving doctorate level education and training in supervision to better serve others and provide quality supervision. He is also actively pursuing a doctorate in counselling and psychotherapy to further professional competencies. When provided the opportunities he enjoys speaking and teaching engagements, conducting workshops, and teaching. Areas of Competency To provide supervision to others, it is imperative that supervisors possess counselling related knowledge, skills, and abilities sufficiently in core competencies related to the professional work of counselling (Shepard et al., 2016). My education and clinical experiences together have prepared me to engage in supervision in areas related to addictions (i.e. substance and process); mental and emotional disorders; relationships (i.e. family, couples); foster care; individual and group work; severe mental illness; drug court program management; and school-based interventions. Moreover, my supervision practice is informed by evidence-based approaches such as Cognitive Behaviour Therapy (CBT), Solution-Focused Brief Therapy (SFBT), and trauma-informed care practices. This ensures that supervision is grounded in current best practices and promotes the highest standard of care for supervisees and clients. I also have training in Choice Theory and Reality Therapy and enjoy being able to help others to make choices to meaningfully meet their needs and satisfy their ideal pictures. Model of Supervision, Objectives, and Goals Following the nature of supervision, the primary objective of supervision is to enhance and facilitate the supervisee's professional development and competence with respect to their current level of skill within the profession (Shepard et al., 2016). Through the utilization of multiple modalities, supervision will be carried out within a common factors framework that utilizes Morgan and Sprenkle's (2007) three-dimensional approach that assesses competence, explores specific needs, and engages the supervisee as a coach, mentor, teacher, or administrator (Crunk & Barden, 2017). This model of supervision is carried out through a developmental and collaborative approach, wherein the supervisor and supervisee identify goals, strengths, areas for improvement, and strategic approaches to achieve professional excellence. The supervision process will intentionally address the identified goals and objectives within each session and review progress on a regular basis through critical feedback processes (Borders, 2014). It is expected that supervisees come prepared to each session and responsibly deliver required materials ahead of time.</p>
Paul Weil-Brenner	Thursdays @ 1:30pm AST	<p>https://teams.microsoft.com/L/meetup-join/19%3aa1cee9d4d26f45a59173c7cc25ca6fd4%40thread.tacv2/1741045275017?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2269f878d4-e849-43b3-8d21-87a1272c72e7%22%7d</p> <p>DCP Student Bio</p> <p>I am an Integrative psychotherapist registered in Ontario and the United-Kingdom. I work with individuals and couples primarily from the LGBTQ+ and creative communities. I integrate psycho-dynamic theories, attachment-theories, Existential-phenomenology, and CBT among others. I work with a variety of issues including addictions, anxiety, depression, life-stages, relational concerns, through to sexuality.</p>
Adrienne Moore	Thursdays @ 7 pm AST	<p>https://teams.microsoft.com/L/meetup-join/19%3a58520811c1574588a1d7ccc81bf6ce8a%40thread.tacv2/1741045493010?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2269f878d4-e849-43b3-8d21-87a1272c72e7%22%7d</p>

		<p>DCP Student Bio</p> <p>Hello MACP Students!</p> <p>I'm Adrienne Moore, a seasoned Registered Psychotherapist with a passion for nurturing the next generation of therapists. With over 25 years of diverse clinical experience, I've honed my skills in settings ranging from schools to private practice, working with clients from all walks of life. My integrative, client-centered approach draws on compassion-focused therapy, solution-focused techniques, CBT, and existential-humanistic perspectives. I specialize in guiding adults through relationship challenges, anxiety, depression, trauma, and life transitions. As an advocate for inclusive therapy, I'm particularly passionate about supporting the kink/BDSM community and helping therapists become kink-affirming.</p> <p>When I'm not in session, you'll find me exploring hiking trails, experimenting with new recipes, or sharing a laugh with friends. I'm excited to help you develop your confidence and unique therapeutic style, infusing our work with the same warmth and playfulness I bring to life. Let's embark on this journey of growth together!</p>
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