

Student Name	Session Day/ Time	Teams Links	DCP Student Bio
Talisa Haskins	Mondays @ 1pmAT  *In lieu of remembrance day, this session will not run on Nov. 13. Instead it will be held on Nov. 16 @ 1pmAT	<a href="https://teams.microsoft.com/join/19%3ad58c5572427e43bfa30b68705837be17%40thread.tacv2/1698186873281?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d">https://teams.microsoft.com/join/19%3ad58c5572427e43bfa30b68705837be17%40thread.tacv2/1698186873281?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d</a>	Upon completing my MACP in 2020 I opened a private practice which has since grown into a group practice and training site for intern therapists. I am located in Southern Ontario, and my practice services all of Ontario by way of telehealth. In addition to continuing my formal education through the DCP program I have received training and certification in Solution- Focused Brief Narrative Therapy, DBT and Compassion Fatigue for front line workers and first responders. I work from a Humanistic and Constructivist lens, blending Narrative Therapy and Person- Centered approaches. Starting as a generalist, I have recently shifted my focus to working primarily with adults who have anxiety and individuals who would like to focus on self-actualization. I am a Registered Psychotherapist with the CRPO and a Non- Certified Professional Member with the CCPA.
Courtney Vezina	Mondays @ 2pmAT  *In lieu of remembrance day, this session will not run on Nov. 13. Instead it will be held on Nov. 14 @ 2pmAT	<a href="https://teams.microsoft.com/join/19%3ad0a4242e0e174cc4a55298bc00bacbb9%40thread.tacv2/1698185813279?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d">https://teams.microsoft.com/join/19%3ad0a4242e0e174cc4a55298bc00bacbb9%40thread.tacv2/1698185813279?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d</a>	I am the owner and clinical director of Courtney James Counselling and Psychotherapy, a group practice in Ontario, where I work as a Registered Psychotherapist and manage my team of practitioners. I completed my BA in Psychology (2011), later followed by the MACP program (2020). Additionally, I have completed training in: Trauma treatment (Trauma Research Foundation Certificate Program), Emotion-focused Therapy, Gottman Method Couples Therapy. I use a humanistic (person-centered) approach and focus much of my work on the therapeutic relationship and establishing safety. I work with children, teens and adults and my approach is beneficial to the client population that I work with; individuals with relationship and attachment difficulties, developmental trauma, as well as foster and adoptive children and caregivers.
Renee Hock	Mondays @ 5pmAT	<a href="https://teams.microsoft.com/join/19%3a949e7c389455473792db8fa7b902a7f0%40thread.tacv2/1698186486723?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d">https://teams.microsoft.com/join/19%3a949e7c389455473792db8fa7b902a7f0%40thread.tacv2/1698186486723?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d</a>	I am a Registered Clinical Counsellor in British Columbia and a Certified Mental Performance Consultant (Sport Psychology). I work from a feminist social constructivist and culturally responsive socially just lens and have significant experience working in the school system (K-12, post-secondary), with high performance sport, and in supporting the queer community.
Maria Bernadette Street	Mondays @ 6pmAT	<a href="https://teams.microsoft.com/join/19%3ac4b08f314235450b9655cf7858fe50a3%40thread.tacv2/1698186094192?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d">https://teams.microsoft.com/join/19%3ac4b08f314235450b9655cf7858fe50a3%40thread.tacv2/1698186094192?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d</a>	I have been a practicing psychotherapist for over 13 years and a clinical supervisor for 2 years. I have a Masters of Psychology in Clinical and

		<a href="https://teams.microsoft.com/join/19%3ac9cdea18e1544317be784ab468cf5aa6%40thread.acv2/1698186209504?context=%7b%22id%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d">6787de8fd649%22%2c%22oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d</a>	<p>Counselling Psychology from Adler. I run a group psychotherapy practice and also work in a psychology practice. I am a generalist and utilize integrative psychotherapy. I draw from various psychotherapeutic models such as CBT, ACT, DBT, psychodynamic, decolonization, family systems, developmental, and neuropsychotherapy. Our focus is on creating safe space with consideration to intersectionality, social location and equitable services for our client populations across the lifespan. Our clients include BIPOC, LGBTQ2S+, Neurodivergent individuals, professionals from tech and academia, trauma and personality disorders. I currently supervise psychotherapy interns from various institutions and licensed mental health practitioners.</p>
Mintie Grienke	Tuesdays @ 12pmAT	<a href="https://teams.microsoft.com/join/19%3ac9cdea18e1544317be784ab468cf5aa6%40thread.acv2/1698186209504?context=%7b%22id%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d">https://teams.microsoft.com/join/19%3ac9cdea18e1544317be784ab468cf5aa6%40thread.acv2/1698186209504?context=%7b%22id%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d</a>	<p>My area of competence is personal counselling, dealing with individuals who have difficult relational challenges with others in the family, socially or at work, (addictions, mood and personality disorders and special needs). I work with adults of all genders, focusing on dependency patterns and healthy boundaries. I use an integrated approach drawing from humanistic, feminist, developmental, experiential and trauma informed models. I have worked in crisis intervention, public school, college, and First Nations settings. Currently I have been in private practice since 1997, primarily with adults over 18.</p>
Jason Peterson	Tuesdays @ 7pmAT	<a href="https://teams.microsoft.com/join/19%3ae5f9b33ec7544e8eaf304ae311b667b8%40thread.acv2/1698185965037?context=%7b%22id%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d">https://teams.microsoft.com/join/19%3ae5f9b33ec7544e8eaf304ae311b667b8%40thread.acv2/1698185965037?context=%7b%22id%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d</a>	<p>I hold a Master's degree in Counselling Psychology from Yorkville University and am a Registered Clinical Counsellor (RCC) with the BCACC. My professional journey has led me to own and operate a thriving private counselling practice specializing in treating trauma. My expertise centers on anxiety and complex trauma, and I have refined my skills through extensive training in evidence-based therapies, including Cognitive-Behavioral Therapy (CBT), Trauma-Focused CBT (TF-CBT), Mindfulness-Based Cognitive Therapy (MCBT), and Eye Movement Desensitization and Reprocessing (EMDR). I am registered as an EMDR Therapist both internationally and in Canada. I am also a trained Gottman couples therapist with experience working with complex relationship issues. My background also includes service in the Canadian Military, as a Municipal Firefighter, and as a First Responder.</p>

Robert Giardino	Tuesdays @ 9pmAT	<a href="https://teams.microsoft.com/join/19%3a6fa7c6bb969e4db8b51ed2465fca9f01%40thread.tacv2/1698186597322?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d">https://teams.microsoft.com/join/19%3a6fa7c6bb969e4db8b51ed2465fca9f01%40thread.tacv2/1698186597322?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d</a>	<p>I have been a practicing clinical counsellor in British Columbia for over four years. My theoretical orientation is largely humanistic, but also includes components of constructionist and feminist theories. I come from a strength-based, trauma-informed, harm reduction framework. My ASP project has to do with healthy masculinity and self-compassion. My work experience is primarily rooted in adults within the post-secondary setting, however I also have experience working with both adults and adolescents within acute in-patient mental health.</p>
Shelley Karrel	Wednesdays @ 2pmAT	<a href="https://teams.microsoft.com/join/19%3ad71f8c7b38954a8683600e6aa618377c%40thread.tacv2/1698186703886?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d">https://teams.microsoft.com/join/19%3ad71f8c7b38954a8683600e6aa618377c%40thread.tacv2/1698186703886?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d</a>	<p>I've been working with clients for over 30 years in the fields of organizational behaviour and mental health. I am originally from the East coast and have a business degree from Acadia University and a masters in counselling from City University of Seattle. My therapeutic orientation is CBT although I work also from a narrative and mindfulness approach as well. I tend to work with clients who have issues such as anxiety, depression, addiction and relationship concerns.</p>
Charles Sammet	Fridays @ 10amAT	<a href="https://teams.microsoft.com/join/19%3aba734e3442654665b8b3f023bb6ba9f2%40thread.tacv2/1698185546117?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d">https://teams.microsoft.com/join/19%3aba734e3442654665b8b3f023bb6ba9f2%40thread.tacv2/1698185546117?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d</a>	<p>My training is varied as it spans 44 years of mental health services. I have a background in psychodynamic, psychosynthesis, systemic, behavioural, cognitive behavioural, narrative, emotionally focused, person centered, Adlerian, domestic, and sexual abuse treatment, feminist, as well as other models of counselling. I align with an integrative theoretical perspective. My client populations have included children, teens, families, children and teens with special needs, individuals with psychiatric disorders (depression, anxiety, schizophrenia, OCD, delusional disorder) abused women, men, teens, and children, teens with neurological injuries, residential treatment for hard to serve kids, couples and more.</p>

Coaching Skills Sessions Run Weekly from November 6 to December 10, 2023  
Please note all sessions are held in Teams