

| Student Name | Session Day/ Time | Teams Links | DCP Student Bio |
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| Corrie Mekar | Tuesdays @ 12:30pmAT (11:30amET) | https://teams.microsoft.com//meetup-join/19%3abae9a685d34e49b899dda8ef7f31a6eb%40thread.tacv2/1720029421531?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d | <p>Hi Everyone! My name is Corrie and I am a Registered Psychologist in Alberta and have been practising as a counsellor for 20 years. Currently I have a part-time private practice and I teach psychology and human sexuality courses at the post-secondary level. I consider myself a generalist practitioner with specialized knowledge in human sexuality. My theoretical orientation is an integrative combination of feminist, humanist, and existential principles. I work with adults as individuals, couples, and family units. I offer clinical hypnosis as an adjunct method in therapy. I supervise social work and psychiatric nursing students and am keen to include counsellors in my supervision work. I look forward to learning and growing together!</p> |
| Adam Thompson | Wednesdays @ 3:00pmAT (2:00pmET) | https://teams.microsoft.com//meetup-join/19%3aad19c1d9414841b98981524552adcc55%40thread.tacv2/1720029183081?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d | <p>Hello everyone, I am Adam Thompson, and I live in Whitehorse, Yukon. I work in private practice and the Yukon First Nation Education Directorate (YFNE) with their First Nations youth. As a rural practice, I work with adolescents as young as 12 and teenagers, adults, and seniors. Using a CBT/Mindfulness approach with self-compassion, I work in areas regarding stress, anxiety, addictions, and couples counselling. I also volunteer at the local animal shelter, do animal rescue, and teach spinning classes in my free time. I look forward to working with you as we grow and develop along your counselling journey.</p> |
| Raquel Soteldo | Wednesdays @ 8:00pmAT (7:00pmET) | https://teams.microsoft.com//meetup-join/19%3ac4e5cb2a8b274ab4a43fbb4a2b1289a3%40thread.tacv2/1720029679372?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d | <p>Hi! My name is Raquel Soteldo. I am a Narcissistic Abuse Recovery Clinician. I work with trauma-informed modalities for victims of Intimate Partner Violence, Domestic Violence, Childhood Sexual Abuse, Assault and Narcissistic Abuse.</p> |
| Robbyn Bennett | Fridays @ 1:00pmAT (12:00pmET) | https://teams.microsoft.com//meetup-join/19%3a29ae2f30717c4c159a6ba5c3db831458%40thread.tacv2/1720029945918?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d | <p>I'm Robbyn. My supervision style includes a blend of models, including person-centred and humanistic, integrated development, and use of process models to help frame my perspective depending on what is required in the nature of the supervision. I believe that supervision needs to meet the needs of the supervisee at their developmental level and comfort, and I work from the perspective that individuals have the</p> |

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| | | | <p>existing skills, abilities, and capabilities to effectively adapt and develop. Through blending these models, it provides for effective supervision at the level of need of the supervisee, builds trust in the judgment and expertise of the supervisee, and allows for flexibility to explore the many dynamics and perspectives of the relationships between client, supervisee, and supervisor.</p> |
| <p>Veronica Felizardo</p> | <p>Fridays @ 1:00pmAT (12:00pmET), except for July 12th as the session on July 12th will be at 11amAT (10amET)</p> | <p>https://teams.microsoft.com/join/19%3a03d89e49f5144875b9864b4dc698c613%40thread.tacv2/1720030057752?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%226bd09bb0-d5a0-435e-a271-576cdb738c93%22%7d</p> | <p>I'm Veronica, pronouns she/her, and I have over 25 years of experience working with youth and adults in the criminal justice system and private practice (for the last 15 years). I received my BA in Sociology and Criminology from Brock University in St. Catharines, Ontario and my Masters in Social Work from Wilfrid Laurier University in Kitchener, Ontario. I'm registered with the Ontario College of Social Workers and Social Service Workers and a member of the CCPA. I consider my theoretical orientation to be eclectic (as I am constantly participating in trainings in various therapeutic approaches), but I am trained in Cognitive Behavioural Therapy, Rational Emotive Behavioural Therapy and Solution-Focused Brief Therapy. Over the last 4 years, I obtained my ADHD Clinical Services Provider certification, and have focused on conducting ADHD assessments and helping men and women manage their ADHD symptoms. I am also currently completing my certification to become a Mediator in Ontario with families going through high conflict separations/divorce. My clients come from a variety of diverse backgrounds, presenting with needs in the areas of anxiety, depression, intimate partner violence, symptoms of ADHD, anger management, self-esteem, guilt, shame, relationship challenges, transitions, leadership, issues inherent to first responders and other mental health needs. I work with individuals, couples, and families. I have a particular passion towards fostering resiliency and empowerment, so the effects of counselling are long-standing and sustainable. I offer support between sessions, often sending resources and offering accountability for change so clients can stay on track. I am a firm believer in the innate ability to overcome challenges by working with clients' strengths to realize their full potential. I have also supervised undergraduate and graduate students in Psychology, Social Work and Counselling</p> |

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| | | | <p>Psychology programs and am honoured to help mentor the next generation of therapists. I consider myself a strong advocate for individual and systems change. I have many clients with workplace issues and assist them in liaising with their employer and insurance provider to obtain the required accommodations they need. In my spare time, I am the Chief Operating Officer of Pivotal Help, a non-profit organization that provides accessible and immediate private counselling, for those who cannot afford it or do not have benefits. I am also a member of the Board for the Lanark Basic Income Network, a non-profit that advocates for basic income for Canadians. I am very excited to further develop my skills in supervision through this course.</p> |
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Coaching Skills Sessions Run Weekly from July 8 to August 11
Please note all sessions are held in Teams