

Student Name	Session Day/Time	Teams links + Student bio Coaching Skills Sessions Run Weekly from July 7-August 8, 2025 Please note all sessions are held in Teams and all times are in Atlantic Standard Time
Melanie Blackmore-Patterson	Monday 11am AST	https://teams.microsoft.com/l/meetup-join/19%3a8d3832455271453aa9a304b663eec721%40thread.tacv2/1750953119920?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2269f878d4-e849-43b3-8d21-87a1272c72e7%22%7d DCP Student Bio Hi students, I am grateful to be able to provide you with some insight and support during your MACP journey. I have been a private practice counsellor for over five years and practice from the person-centered approach, however, I also integrate Dialectical Behavior Therapy (DBT) and Cognitive Behavior Therapy (CBT) elements depending on the client. I mainly work with adults with ADHD and aim to hold a trauma-informed and neurodivergent-affirming approach with clients. I look forward to meeting you!
Chaw Su	Tuesday 10am AST	https://teams.microsoft.com/l/meetup-join/19%3ae894fa273146438d8b1d9afaf873e6e6%40thread.tacv2/1750968685589?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2290461a68-3706-4d24-a03a-12f834a734a6%22%7d DCP Student Bio My area of expertise is in trauma-informed practices and neurodivergent-affirming therapeutic approaches. I work with clients who have ADHD, BPD, anxiety, autistic burnout, and sex disorders. At the moment, I am branching into couples therapy and group sessions. I practice mindfulness often everyday and am an avid squash player.
FungYee Cheung	Tuesday 11am AST	https://teams.microsoft.com/l/meetup-join/19%3a0d0b1a122d414077bbbb353113c5026e%40thread.tacv2/1750957517120?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2290461a68-3706-4d24-a03a-12f834a734a6%22%7d DCP Student Bio Ms. Florence Cheung is a seasoned counsellor residing in Hong Kong. Her theoretical orientation combines person-centred therapy with narrative therapy. The client population is diverse, ranging from adolescents to older adults, primarily experiencing emotional distress, mild mental illness, and the grieving process. She excels in active listening and focusing on the strengths of her clients.
Ayesha Hakeem	Tuesday 12:30pm AST	https://teams.microsoft.com/l/meetup-join/19%3a50a672be0dff4238b1707e8fab4eaff5%40thread.tacv2/1750956536497?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2290461a68-3706-4d24-a03a-12f834a734a6%22%7d DCP Student Bio I'm a Counselling Psychologist and Psychotherapist based in Hyderabad, India. I hold an MSc in Applied Psychology with a specialization in Counselling Psychology and am currently pursuing the DCP course. I primarily work with adolescents,

		<p>young adults, and couples, supporting them through a range of concerns including anxiety, depression, relationship challenges, and personal growth. My practice is grounded in Person-Centred Therapy, and I take an eclectic approach by drawing from Cognitive Behavioural Therapy (CBT), Mindfulness-Based Cognitive Therapy (MBCT), and other evidence-informed modalities. Over the years, I've had the opportunity to engage with behavioural therapy, couples work, and supervision in both formal and informal settings. I value collaborative, reflective spaces and appreciate opportunities to learn alongside and support early-career mental health professionals.</p>
Yuka Oshimi	Thursday 12:30pm AST	<p>https://teams.microsoft.com/l/meetup-join/19%3a015a4e1ce5e740399584798e4caef060%40thread.tacv2/1750958261242?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2290461a68-3706-4d24-a03a-12f834a734a6%22%7d</p> <p>DCP Student Bio</p> <p>Hi!</p> <p>I hold a Master of Counselling degree from Monash University, a Bachelor of Arts degree from the University of British Columbia with a Major in Psychology and a Minor in Law and Society, and am a Registered Clinical Counsellor (RCC) with the British Columbia Association of Clinical Counsellors. Born in Japan, raised in Singapore, and now living in Canada, I bring a multicultural lens to my practice and prioritize neuro-affirming care as a neurodivergent counsellor. My areas of practice include working with both neurodivergent and neurotypical adults in areas such as but not limited to ADHD, Autism, Anxiety, Depression, Burnout/Fatigue, Emotional Regulation, Grief/Loss, Self-Esteem/Self-Care, Stress Management, School/Career Challenges, and Panic.</p> <p>My theoretical orientation is grounded in humanistic and cognitive-behavioural frameworks, drawing from diverse therapeutic modalities, including Cognitive Behavioural Therapy, Mindfulness-Based Therapy, and Person-Centered Therapy. I honor diversity by adopting a collaborative, empathic, and integrative approach to my practice.</p>
Leila Rashidi	Friday 1pm AST	<p>https://teams.microsoft.com/l/meetup-join/19%3a5178a4eb93e449a78af84a1941061004%40thread.tacv2/1751038194783?context=%7b%22Tid%22%3a%228e5c33be-6efe-45ef-b195-6787de8fd649%22%2c%22Oid%22%3a%2269f878d4-e849-43b3-8d21-87a1272c72e7%22%7d</p> <p>DCP Student Bio</p> <p>I am a registered psychotherapist currently completing my Doctor of Counselling and Psychotherapy program. My approach is grounded in a client-centered, trauma-informed framework, and I integrate Cognitive Behavioural Therapy (CBT), Narrative Therapy, and Mindfulness-Based interventions based on client needs. I have experience working with diverse populations, including individuals facing depression, anxiety, trauma, and identity-related concerns. I am passionate about fostering a safe and collaborative therapeutic space, particularly for clients navigating cultural transitions, religious identity, or refugee-related stressors.</p>