

# MACP Practicum Requirements

**Practicum Total Hours 400 Hours  
Minimum**  
Completed over two (2) full 15-week trimesters  
(minimum of 13.5 hrs/weekly)

**200 Direct Client Contact Hours (DCC)**  
Must complete 45 DCC hours before receiving a Formative Evaluation

**200 Indirect Contact Hours**

**Direct Client Contact Hours: Modalities**  
**Individual Counselling: 120 hours (minimum)** of DCC will be mental health counselling hours in the form of individual counselling.  
For the **balance of 80 hours**, the following modalities are allowed:  
**Family or Couples Counselling:** May be included at the discretion of the supervisor, depending in site's service offerings and experience of student.  
**Group Counselling:** Recommended, but not required by some professional associations.  
\* MACP student is **not allowed** to facilitate any counselling groups **on their own**  
\* MACP student should have opportunity to be lead facilitator for at least 1/2 of any and all group counselling hours.  
\* Mental health group counselling is based on theory, techniques, research, and treatment approaches that support effective therapeutic outcomes.

**Direct Client Contact Hours: Venues and/or Platforms**  
Direct Client Contact (DCC) counselling may be conducted through the following **venues and/or platforms**, with appropriate considerations taken by the counsellor to protect privacy and confidentiality:  
\* Face-to-face, in person.  
\* Face-to-face, using telephone, Zoom, Teams, or other encrypted video platforms.  
**Direct Client Contact Hours: Activities**  
\* Interviewing for intake that is clinical in nature and the intake is used to determine the client's focus and course of the therapy.  
\* Conducting the administration, scoring and interpretation of the results of a psychometric assessment **as part of a clinical interaction with the client**.  
\* Facilitating or actively co-facilitating/co-counseling (**at least 50% of the session and not simply observing**) therapeutic counselling sessions.  
\* Engaging in case conferences **with the client present**.  
\* Conducting 50% of the student's counselling sessions (e.g., individual, family or couples, and group counselling) with clients in English.

**Indirect Contact Hours: Activities**  
\* Observing counselling without actively participating and not providing follow-up to the client immediately after the observed session.  
\* Engaging in record-keeping.  
\* Conducting preparation activities in relation to direct client work.  
\* Writing counselling session progress notes.  
\* Writing and updating client treatment plans.  
\* Writing client discharge summaries.  
\* Conducting a psychometric assessment that primarily involves administering, scoring, and report-writing, **with little to no clinical interaction with the client**.  
\* Engaging in individual clinical supervision as a Supervisee  
\* Observing or co-facilitating psychoeducational groups targeted more to universal vs designated client populations  
\* Participating in case conferences or staff meetings, **without client present**.  
\* Engaging in consultation with professionals at the practicum site.  
\* Attending and completing in-service trainings, if offered by the practicum site.

**Clinical Supervision  
(Minimum of 30 hours)**  
**\* Individual and/or dyadic supervision** meetings with MACP-approved supervisor, mandatory.  
---**Individual supervision** is defined as the supervisor and only practicum student.  
---**Dyadic supervision** is defined as the supervisor and only two practicum students.  
**\* Minimum of one hour each week**, mandatory.  
**\*\* Group Supervision** will not count towards the Individual Supervision requirement.

**Direct Observation**  
**10 hours of Direct Observation of counselling sessions are required by an MACP-approved supervisor with least five (5) observed sessions in each trimester of Practicum.** Clinical work can be directly observed via direct observation of sessions, review of recorded audio or video sessions, co-counselling or co-facilitating. In the case of reviewing a recorded session, a 15–20-minute clip followed by supervision on that clip for the remainder of the hour constitutes 1 direct observable hour of supervision. SONIA Log: Student will log the entry with a sub activity of Direct Observation.

**\*\*Academic course work may not be counted as Indirect Contact Hours.**  
**\*\*\* Yorkville University reserves the right to make changes to practicum hour requirements in accordance with industry standards across Canada.**