

MACP Practicum Requirements

Practicum Total Hours
400 Hours Minimum
Completed over Two full 15-week trimesters
(minimum of 13.5 hrs/weekly)

200 Direct Client Contact Hours (DCC)
Student must **complete 60 DCC** by last day of trimester one

200 Indirect Contact Hours

Direct Client Contact Hours: Modalities

Individual Counselling: 120 hours (minimum) of DCC will be mental health counselling hours in the form of individual counselling.

Family or Couples Counselling: May be included at the discretion of the supervisor, depending in site's service offerings and experience of student.

Group Counselling: Recommended, but not required by some professional associations.

- * MACP student is **not allowed** to facilitate any counselling groups **on their own**.
- * MACP student should have opportunity to be lead facilitator for at least 1/2 of any and all group counselling hours.
- * Psychoeducational groups, self-help groups and/or psychosocial groups **may not be counted** as direct and/or indirect contact hours.

Direct Client Contact Hours: Venues and/or Platforms

Direct Client Contact (DCC) counselling may be conducted through the following **venues and/or platforms**, with appropriate considerations taken by the counsellor to protect privacy and confidentiality:

- * Face-to-face, in person.
- * Face-to-face, using telephone, Zoom, Teams, or other encrypted video platforms.

Direct Client Contact Hours: Activities

- * Interviewing for intake that is clinical in nature and the intake is used to determine the client's focus and course of the therapy.
- * Conducting the administration, scoring and interpretation of the results of a psychometric assessment **as part of a clinical interaction with the client**.
- * Facilitating or actively co-facilitating/co-counseling **(at least 50% of the session and not simply observing)** therapeutic counselling sessions.
- * Engaging in case conferences **with the client present**.
- * Conducting 50% of the student's counselling sessions (e.g., individual, family or couples, and group counselling) with clients in English.

Indirect Contact Hours: Activities

- * Observing counselling without actively participating and not providing follow-up to the client immediately after the observed session.
- * Engaging in record-keeping.
- * Conducting preparation activities in relation to direct client work.
- * Writing counselling session progress notes.
- * Writing and updating client treatment plans.
- * Writing client discharge summaries.
- * Conducting a psychometric assessment that primarily involves administering, scoring, and report-writing, **with little to no clinical interaction with the client**.
- * Engaging in individual clinical supervision as a supervisee.
- * Participating in case conferences or staff meetings, **without client present**.
- * Engaging in consultation with professionals at the practicum site.
- * Attending and completing in-service trainings, if offered by the practicum site.

****Academic course work may not be counted as Indirect Contact Hours.**

Clinical Supervision

- * **Individual and/or triadic supervision** meetings with MACP-approved supervisor, mandatory.
- Individual supervision** is defined as the supervisor and only practicum student.
- Triadic supervision** is defined as supervisor and only two practicum students.
- * **Minimum of one hour each week**, mandatory.
- **Group Supervision will not count towards the Individual Supervision requirement.

Direct Observation Tags x 3

MACP-approved supervisor must observe student a minimum of three (3), 50-minute client sessions, with at least one (1) observed session in each trimester of Practicum.

If the observation was not "live", then a recorded client session must be presented to the supervisor, and supervisor's observation can be entered as Direct Observation.

Time2Track (T2T) Log:
Student will "tag" the entry with Direct Observation.
Time spent reviewing the recording with supervisor will be tagged as Supervision.